

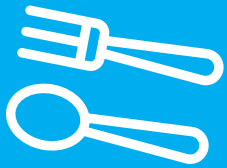
# Food Safety

Prevent the spread of germs!

**Always:**



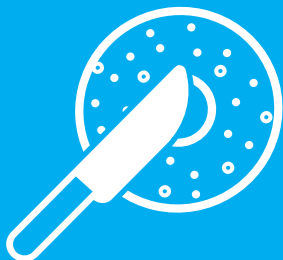
- **Wash your hands** before eating.



- **Use utensils** to serve yourself, **not your hands**.



- **Use a fresh plate, cup, fork, etc., each time** you take a new serving.



- **Don't split food** like cookies or bagels with your hands: **use a knife**.