Virtual Visit Tip Sheet::

Preparing for the visit:

1. Remember, this is new medium for everyone and may require some adjustment.
2. Pick a spot in your home where your child can get comfortable.

Ideas for the visits:

1. Parents can ask about remote learning: what kids have been given from school, what they are learning or reading about
2. Do things ‘together’: choose a TV show or movie they can watch separately and then talk about during the following visit
3. Any games they can play via FaceTime/Skype? Maybe there are also games they can play together through apps?

Items to document, speak to your team about:

1. Please document when the visit took place and for how long?
2. Who participated on the call/facetime?
3. What was your child’s demeanor during the visit?
4. What was your child’s demeanor after the visit?
5. What did you child report to you were the highlights from the visit?
6. What strengths did you notice during the virtual visit?

Ending/After the Visit

1. Saying goodbye can be hard, especially virtually. Please work with your child’s parent to set up a 10 minute and five minute warning so that calls don’t end abruptly.
2. Please remind youth that this is a temporary situation and they will be able to see their families in person again once this passes.